

Name: _____ Table: _____ Period: _____

Psychology Lecture Notes Module 6: Adult and Aging (Page 1)

Early Adulthood Transitions and the Social Clock

Social Clock

- The culturally (society's) preferred _____

- The "best" _____
- The timing varies from _____.

Emerging Adulthood

- Developmental period between _____

Physical Changes and Transitions: Middle Adulthood's Physical Changes

Menopause

- The time of natural cessation of _____
- Referred to as the biological changes a _____

- Usually occurs between age _____
- Does not usually lead to _____

Physical Changes and Transitions: Later Adulthood's Physical Changes

Physical Changes: Vision

Summarize chart _____

Physical Changes: Sense of Smell

Summarize chart _____

Physical Changes: Hearing

Summarize charts _____

Physical Changes and Transitions: Diseases Related to Aging

Alzheimer's Disease

- A progressive and irreversible brain disorder characterized by _____

Summarize Video "Alzheimer's Disease" (7:06) Module #19 from The Brain:

Psychology Lecture Notes Module 6: Adult and Aging

Alzheimer's Disease

Summarize Video "Understanding Alzheimer's Disease" (11:40) Segment #19 from The Mind:

Senile Dementia

- The mental disintegration that accompanies _____

Senile Dementia: Parkinson's Disease

- Summarize Video "Brain Transplants in Parkinson's Patients" (11:09)

Cognitive Changes and Transitions: Memory

Aging and Memory: Fluid Intelligence

- One's ability to reason _____
- Can be used to _____
- Declines as people _____

Crystallized Intelligence

- One's accumulated _____
- Tends to _____ with age

Age and Verbal/Nonverbal Intelligence

Memory and Aging

- Summarize the video "Aging and Memory" (11:16) Segment #17 from The Mind: _____

Social Changes and Transitions: Life's Commitments

Erik Erikson

- Constructed an 8-stage theory of social development
- Each stage has its own psychosocial developmental task.
- The last 4 stages deal with Adolescence through late adulthood.

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Generativity

- Erikson's term for being _____

Commitment to Work

- Most high school/college students aren't sure of their _____.
- Happiness seems to be correlated with _____
_____.

Commitment to Love

- An important factor in _____
- Lasting love includes:
— _____
— _____
— _____

Commitment to Marriage

- _____ of the population gets married
- _____ divorce rate
- _____ of those who have divorced remarry

Commitment to Children

- Children result in a change _____
- Potential disagreement on the _____

Empty Nest

- The change married couples go through as a result of _____

- Not necessarily _____

A Lifetime of Well-Being

Overall Life Satisfaction

- Most studies show the elderly as _____.
- People tend to _____ with age.
- Most regrets focus on what the person _____

Overall Life Satisfaction: Death and Dying

Reactions to Death

- Reactions to death are different from _____.
- Attitudes toward death and dying are changing in the _____.
- --more _____
- --facing death with _____; hospice helps